



USCAC CLUB PROGRAM 2009

Entry Fees: USCAC Members \$2.00
 Non-members \$5.00
Sign-on 1.30pm
Start 2.00pm

Contact: Bryce Phillips: 07 5476 8233
www.uscathleticsclub.asn.au

SUNDAY 8 th NOVEMBER		SUNDAY 22 ND NOVEMBER		SUNDAY 6 TH DECEMBER	
TRACK		TRACK		TRACK	
2.00pm	60m	2.00pm	60m	2.00pm	60m
2.20pm	200m	2.20pm	100m	2.20pm	200m
3.00pm	400m	3.00pm	400m	3.00pm	400m
3.45pm	1500m	3.45pm	800m	3.45pm	1500m
FIELD		FIELD		FIELD	
2.30pm	Long Jump/ Triple Jump	2.30pm	Long Jump/ Triple Jump	2.30pm	Long Jump/ Triple Jump
3.00pm	Shotput	3.00pm	Javelin	3.00pm	Shotput
3.30pm	Javelin	3.30pm	Discus	3.30pm	Javelin

Please Note Electronic Timing will be available on the 8th November and 6th December 09

Hammer and High Jump on request

Remember:

Note: The 6th December Meet will be a free-entry event with a Club sponsored BBQ afterwards to celebrate the break over the Christmas Break.